## Guidelines for Life Groups at home Binscombe Church, Autumn 2020

We are pleased that under the government's "rule of 6", 6 people from different households are now allowed to meet together in a home. Of course, any meeting together must comply with the Government COVID-19 requirements.

Despite the unusual circumstances which are designed to protect everyone present, we trust you will be encouraged and blessed through meeting in small groups, where this is appropriate and possible.

In order to help keep everyone safe, within the limitations of the current situation, I understand that we all need to commit to the following:

- 1. If an individual, or anyone in their household, is exhibiting COVID-19 symptoms or is self-isolating, they should not attend the Life Group.
- 2. Those in a vulnerable category (including those over 70 yrs) understand that the Government encourages them to stay at home as much as possible, and that meeting with others in a Life Group is entirely at their discretion. We recommend asking family members for advice.
- 3. Under the government's guidelines, there will be no more than 6 people in the venue at any one time. This includes children or those in other rooms in the house.
- 4. All attendees will follow social distancing guidelines on arrival and departure, and whilst at the venue i.e. remaining 2m distant from everyone present other than those from their own household/household bubble. The host will ensure that chairs are spaced appropriately.
- 5. The host will ensure that the room in which the group will meet is clean; members are encouraged not to touch items in the venue that are not necessary for the meeting.
- 6. There should be no physical contact (including handshakes, hugs etc) between persons from different households/bubbles, unless there is an emergency.
- 7. Everyone is encouraged to use hand sanitiser on arrival; we suggest members bring their own.
- 8. As this is a Binscombe Church group, the Life Group leader will be keeping a note of who attends each Life Group, to assist with the Government's 'Test and Trace' system. Records will be destroyed 21 days after the Life Group have met.
- 9. Attendees are encouraged to provide their own water and any other refreshments in their own containers. (If there is mutual agreement, the host can offer refreshments, maintaining excellent hand hygiene at all times, using tongs etc to handle consumable items; there should not be shared plates, cutlery etc)
- 10. If any attendee, or any member of their household, develops COVID-19 symptoms within 14 days of attending a Life Group, they will inform the church straightaway (info@binscombechurch.org)